

# browns

CARBON

brown bags  
dried landscape  
waste  
fall leaves  
sawdust  
straw  
wood chips

# greens

NITROGEN

alfalfa meal  
coffee grinds  
crushed eggshell  
hair  
fresh landscape  
waste  
fruits & vegetables  
tea bags

**no  
nos**

fish bones  
meat dairy

poop from  
people &  
meat eating  
animals

diseased plants